

Pos	Name	Category	Gender	Time	CategPc	Swim	T1	Cycle	T2	Run
33	Ben Ryan	Intermediate	Male	00:33:33	1	00:05:32	00:00:32	00:16:45	00:00:50	00:09:52
34	Fabian Mangan	Intermediate	Male	00:34:38	2	00:05:43	00:00:33	00:16:36	00:00:48	00:10:55
44	Jake Rushby	Intermediate	Male	00:36:59	3	00:06:50	00:00:52	00:17:33	00:00:47	00:10:55
45	William Pinkerton	Intermediate	Male	00:37:00	4	00:05:34	00:00:46	00:18:51	00:00:44	00:11:05
48	Jordan Johnston	Intermediate	Male	00:37:53	5	00:06:04	00:00:52	00:19:10	00:00:42	00:11:03
50	Paul Mccool	Intermediate	Male	00:40:09	6	00:06:36	00:00:46	00:19:54	00:00:58	00:11:52
52	Kian Divin	Intermediate	Male	00:40:34	7	00:07:12	00:00:47	00:19:05	00:01:02	00:12:27
53	Shane Murray	Intermediate	Male	00:40:57	8	00:06:17	00:01:07	00:19:30	00:01:04	00:12:57
56	Owen Mcguinness	Intermediate	Male	00:41:59	9	00:06:17	00:00:50	00:21:01	00:00:55	00:12:54
61	Aeadaoin Kelly	Intermediate	Male	00:44:30	10	00:05:47	00:00:58	00:21:31	00:01:12	00:15:01
62	Darragh Cloonan	Intermediate	Male	00:44:33	11	00:07:03	00:00:59	00:21:25	00:00:50	00:14:14
43	Maeve Gallagher	Intermediate	Female	00:36:55	1	00:05:36	00:00:41	00:18:00	00:00:55	00:11:40
51	Ella Doherty	Intermediate	Female	00:40:14	2	00:05:30	00:00:37	00:19:57	00:01:02	00:13:06
54	Emma Boyle	Intermediate	Female	00:41:04	3	00:05:50	00:00:52	00:20:31	00:00:50	00:12:58
57	Jennifer	Intermediate	Female	00:42:00	4	00:06:06	00:00:58	00:22:06	00:00:50	00:11:58
58	Dani Cunningham	Intermediate	Female	00:42:32	5	00:06:07	00:00:53	00:21:40	00:00:49	00:13:01
63	Becki Pu Kertin	Intermediate	Female	00:44:45	6	00:05:40	00:00:53	00:22:58	00:00:53	00:14:18
64	Mollie Foley	Intermediate	Female	00:45:02	7	00:06:24	00:00:58	00:22:59	00:01:00	00:13:40
65	Lucy Murphy	Intermediate	Female	00:45:24	8	00:07:15	00:00:47	00:22:41	00:00:49	00:13:51
66	Caragh Hogan	Intermediate	Female	00:46:19	9	00:06:05	00:00:47	00:22:51	00:01:01	00:15:32
9	Ralf Bodamer	Junior	Male	00:26:36	1	00:04:12	00:00:40	00:15:25	00:00:45	00:05:34
11	Rian Hogan	Junior	Male	00:26:50	2	00:04:31	00:00:47	00:15:19	00:00:42	00:05:29
12	Luke Burke	Junior	Male	00:26:58	3	00:04:11	00:00:42	00:15:42	00:00:43	00:05:38
13	Joseph Haynes	Junior	Male	00:27:03	4	00:04:26	00:00:43	00:15:59	00:00:41	00:05:12
16	Eoin Mcdermott	Junior	Male	00:27:22	5	00:04:28	00:00:37	00:15:31	00:00:45	00:06:00
17	Oran Walton	Junior	Male	00:27:38	6	00:04:29	00:01:01	00:15:14	00:00:55	00:05:57
21	Dan Haigney	Junior	Male	00:28:47	7	00:04:54	00:01:25	00:16:26	00:00:49	00:05:11
22	Daniel Madden	Junior	Male	00:28:51	8	00:04:52	00:00:58	00:16:10	00:00:44	00:06:05
23	Eoin Richards	Junior	Male	00:28:59	9	00:05:16	00:01:49	00:15:27	00:00:48	00:05:37
24	Callum Holly	Junior	Male	00:29:32	10	00:05:29	00:01:02	00:14:53	00:00:58	00:07:08
29	S+® Heaney	Junior	Male	00:30:45	11	00:05:59	00:01:15	00:16:24	00:00:54	00:06:10
30	Geordan Mangan	Junior	Male	00:31:05	12	00:04:53	00:00:50	00:17:34	00:00:55	00:06:52
19	Elia Tutty	Junior	Female	00:28:01	1	00:04:36	00:00:53	00:14:46	00:00:52	00:06:51
20	Freya Adams	Junior	Female	00:28:19	2	00:04:18	00:00:47	00:16:10	00:00:48	00:06:15
25	Lauren Archer	Junior	Female	00:29:41	3	00:04:37	00:00:59	00:16:18	00:00:41	00:07:04
26	Heather Connolly	Junior	Female	00:30:01	4	00:05:25	00:00:49	00:15:57	00:00:49	00:06:58
28	Orla Cash	Junior	Female	00:30:31	5	00:04:44	00:01:01	00:17:20	00:00:54	00:06:30
32	Connie O'brien	Junior	Female	00:33:05	6	00:05:32	00:00:57	00:18:34	00:01:01	00:06:58
40	Christine O'brien	Junior	Female	00:36:28	7	00:05:33	00:01:44	00:19:24	00:00:56	00:08:50
42	Sophie Creedon	Junior	Female	00:36:44	8	00:06:04	00:01:15	00:22:37	00:00:57	00:05:48
1	Billy Black	Minor	Male	00:23:41	1	00:03:15	00:01:06	00:12:33	00:00:52	00:05:54
2	Rory Gallagher	Minor	Male	00:23:51	2	00:03:44	00:01:07	00:12:12	00:00:36	00:06:09
4	Euan Adams	Minor	Male	00:25:21	3	00:03:28	00:00:55	00:13:53	00:00:58	00:06:07
5	Callum O'Neill	Minor	Male	00:25:49	4	00:03:46	00:01:01	00:14:11	00:00:50	00:06:00
6	Anthony Boyle	Minor	Male	00:26:05	5	00:03:24	00:01:04	00:14:31	00:00:59	00:06:04
7	Thomas Richards	Minor	Male	00:26:16	6	00:03:27	00:01:13	00:15:17	00:00:48	00:05:29
10	Tom Mcgrane	Minor	Male	00:26:37	7	00:03:34	00:00:51	00:14:19	00:01:05	00:06:46
18	Ronan Eannetta	Minor	Male	00:27:39	8	00:03:28	00:00:52	00:15:14	00:01:01	00:07:03
3	Aoife Mcgouran	Minor	Female	00:24:55	1	00:02:59	00:00:45	00:14:16	00:00:48	00:06:06

8	Ella Haynes	Minor	Female	00:26:29	2	00:03:16	00:00:44	00:15:54	00:00:46	00:05:47
14	Lia Cunningham	Minor	Female	00:27:07	3	00:03:46	00:00:52	00:15:37	00:00:37	00:06:14
15	Ally Cunningham	Minor	Female	00:27:09	4	00:03:43	00:00:37	00:16:07	00:00:37	00:06:04
27	Sheenagh Mc Kenna	Minor	Female	00:30:01	5	00:03:12	00:01:08	00:17:54	00:00:41	00:07:05
31	Sophie Mc Glynn	Minor	Female	00:31:21	6	00:03:57	00:01:29	00:19:56	00:01:09	00:04:48
35	Luke Mccarron	Senior	Male	00:34:42	1	00:05:11	00:00:35	00:17:39	00:00:29	00:10:46
36	Jonathan Martin	Senior	Male	00:35:22	2	00:05:03	00:00:36	00:17:46	00:00:34	00:11:20
37	Liam Murray	Senior	Male	00:35:38	3			00:17:33	00:00:35	00:10:55
38	James Mintern	Senior	Male	00:35:44	4	00:05:09	00:00:38	00:19:11	00:00:30	00:10:14
39	Oran Mcgee	Senior	Male	00:35:57	5	00:06:00	00:00:42	00:17:27	00:00:34	00:11:13
47	Ryan Connolly	Senior	Male	00:37:15	6	00:06:16	00:00:36	00:17:46	00:00:37	00:11:58
41	Caron Ryan	Senior	Female	00:36:31	1	00:06:08	00:00:40	00:18:03	00:00:35	00:11:03
46	Erin Mcconnell	Senior	Female	00:37:14	2	00:05:06	00:00:48	00:18:42	00:00:38	00:11:58
49	Aeodain O'raw	Senior	Female	00:39:25	3	00:05:16	00:00:51	00:19:40	00:00:47	00:12:49
55	Lauren Strange	Senior	Female	00:41:51	4	00:06:05	00:00:48	00:21:31	00:00:37	00:12:49
59	Emily Madden	Senior	Female	00:43:23	5	00:06:17	00:00:50	00:20:30	00:00:49	00:14:56
60	Shauna Mcfadden	Senior	Female	00:44:04	6	00:07:24	00:00:41	00:19:27	00:00:42	00:15:47
67	Kate Black	Senior	Female	00:47:12	7	00:07:25	00:00:46	00:22:03	00:01:13	00:15:44
68	Ciara O' Boyle	Senior	Female	00:47:24	8	00:07:02	00:00:59	00:22:54	00:00:40	00:15:48
69	Emer Shaughnessy	Senior	Female	00:50:55	9	00:07:46	00:00:59	00:23:01	00:00:29	00:18:38
70	Saoirse Kelders	Senior	Female	00:51:58	10	00:08:52	00:01:46	00:24:52	00:00:38	00:15:48