

Pos	Name	Time	Gender Pos	Swim	T1	Cycle	T2	Run
1	Conor Buckley Buckley	01:12:43	1	00:03:47	00:01:47	00:41:43	00:00:29	00:24:59
2	David Harte	01:13:29	2	00:01:38	00:02:40	00:42:34	00:00:39	00:26:01
3	Declan O Connell	01:14:12	3	00:04:22	00:01:10	00:40:11	00:00:52	00:27:40
4	Noel Mccarthy	01:14:29	4	00:06:08	00:02:27	00:37:20	00:01:04	00:27:33
5	Dermot Maguire	01:14:39	5	00:04:45	00:01:32	00:40:57	00:01:24	00:26:05
6	Derry O'donovan	01:15:56	6	00:04:02	00:02:31	00:41:02	00:01:36	00:26:47
7	Stephen O'connor	01:16:01	7	00:07:10	00:00:57	00:39:11	00:00:50	00:27:55
8	Gavin Quirke	01:17:06	8	00:03:36	00:01:47	00:45:30	00:01:34	00:24:43
9	Declan Kennedy	01:17:19	9	00:04:53	00:02:19	00:41:56	00:01:15	00:26:59
10	Brendan Noonan	01:17:50	10	00:04:22	00:01:53	00:44:18	00:00:52	00:26:27
11	Richard Mulvihill	01:17:51	11	00:05:14	00:01:22	00:42:07	00:00:47	00:28:24
12	Shane Bergin	01:20:08	12	00:04:11	00:02:08	00:42:36	00:01:10	00:30:06
13	Derek Murphy	01:20:56	13	00:04:31	00:02:34	00:45:38	00:01:08	00:27:07
14	James Gallagher	01:21:40	14	00:05:54	00:02:47	00:47:00	00:01:23	00:24:38
15	Richard J Fahey	01:21:53	15	00:05:48	00:03:16	00:45:29	00:01:03	00:26:20
16	John Fahey	01:23:14	16	00:04:32	00:03:23	00:47:36	00:00:49	00:26:56
17	Melissa Brennan	01:23:49	1	00:06:15	00:02:37	00:45:54	00:00:43	00:28:24
18	Patricia Casey	01:27:08	2	00:05:52	00:02:20	00:46:59	00:00:41	00:31:19
19	Danielle Mc Carthy	01:27:21	3	00:05:21	00:01:55	00:48:56	00:00:37	00:30:34
20	Teresa O'hora	01:28:22	4	00:04:54	00:02:12	00:51:32	00:00:58	00:28:50
21	Colm Noonan	01:28:43	17	00:05:16	00:02:21	00:46:46	00:01:42	00:32:40
22	Ciara Magner	01:29:18	5	00:04:53	00:02:22	00:51:52	00:00:53	00:29:22
23	Catherine Quirke	01:29:20	6	00:05:15	00:01:46	00:48:05	00:01:10	00:33:07
24	Anne Lynch	01:29:28	7	00:05:14	00:02:10	00:49:24	00:01:31	00:31:12
25	Colum Fenton	01:30:20	18	00:04:42	00:02:43	00:43:37	00:00:44	00:38:37
26	Desmond Mc Carthy	01:30:53	19	00:06:05	00:02:55	00:47:41	00:01:16	00:32:59
27	Sheena Mc Hugh	01:33:58	8	00:05:41	00:02:28	00:52:29	00:01:32	00:31:51
28	Paula Mchale	01:34:54	9	00:07:04	00:02:34	00:49:42	00:00:39	00:34:58
29	Kieran Murphy	01:35:32	20	00:07:16	00:02:18	00:49:18	00:01:30	00:35:13
30	Sarah Delahunty	01:35:39	10	00:06:14	00:02:51	00:47:51	00:01:49	00:36:56
31	Mary Lannon	01:37:01	11	00:05:24	00:01:56	00:49:14	00:00:45	00:39:45
32	Damian Hourigan	01:37:15	21	00:05:22	00:02:24	00:54:15	00:00:38	00:34:39
33	Grainne Synott	01:39:58	12	00:05:44	00:02:00	00:51:57	00:00:51	00:39:30
34	David Thompson	01:41:38	22	00:06:27	00:02:36	00:54:01	00:01:25	00:37:12
35	Sinead Lynch	01:42:31	13	00:05:53	00:01:36	00:52:50	00:01:17	00:40:58
36	Deirdre Lowney	01:51:41	14	00:06:17	00:02:57	01:01:51	00:01:13	00:39:25
	Sharon Hurley							
	Aisling Murray							
	Jesper Pedersen							
	Deirdre O'brien							